

## CONNECTION THROUGH RECREATION



## Newsletter May | June 2024

Hello Sheddies,

### **DIRECTIONAL ROAD SIGNAGE:**

Council recently installed blue directional signage for both the Coolum Women's and Men's Sheds by the roundabout at Coolum Yandina Road and Quanda Rd and the intersection of Quanda Road and Research Street in Coolum. These signs are intended to improve navigation and provide clear direction for motorists in the area. Many thanks to Cr Maria Suarez for supporting this important initiative to assist Shed members and visitors to find both Sheds.

### **INDUSTRIAL AREA DEVELOPMENT WORKS:**

The development works will continue for sometime in the old motor cross field at the end of Research St (next to the Shed). A reminder to please be aware and mindful of the increase in heavy truck traffic using the roads during weekdays, along with the noise and dust.

### **COOLUM MEN'S SHED:**

It is with much sadness to inform you of the passing of Coolum Men's Shed President Frank Bates after a short illness. Frank was one of the early founding members of the Men's Shed and will be missed enormously by his colleagues and the community. We extend our sincere condolences to his family and Shed colleagues.



What's Happening Now!

### **SHED ACTIVITIES:**

It's been another busy month at the Shed. During May we offered over 48 active and passive activities to our members (some activities take place twice per week). Due to many key volunteer coordinators being unwell or on holidays, unfortunately we had to cancel a few scheduled activities.

### **OTT (ON THE TOOLS):**

Are you a keen and experienced woodworker in the use of a variety of tools? We are looking for members or women tradies who can instruct on a regular basis and share their skills with our group of eager learners.

For those who have not been to our Tool Shed, you can learn how to use a variety of tools, so bring your own project to make/mend or join in with our projects. Rhonda P and Karin R are the coordinators for the Tool Shed. We adhere to safe work practices: Induction, closed shoes, eye and ear protection, a recent project has been making a plant pot stand.

#### **COOLUM MEN'S SHED and COOLUM WOMEN'S SHED:**

Collaborative project:

CWS members are invited to join the Men's Shed Camera Club to learn more about the practical skills required to take better photos and improve photography skills using either cameras or mobile phones.

Thanks to Tony the professional photographer, and Peter CMS Camera Club coordinator – Call Peter on 0429508593

#### **SHED JAZZ:**

Coolum Men's Shed have a Jazz music group that get together each Monday from 1-3pm at the Men's Shed Community Centre 26 Research St Coolum Industrial Estate, (also Women's Shed venue). Women's Shed members are invited to join, if you are an experienced jazz musician or singer, please contact Ian on 0428 598465, no tuition is provided.



#### **PAINT & SIP:**

A fun activity was enjoyed by all, with Georgia and Kaia guiding the members to create their own Daisy painting. Always check Hello Club calendar for future events as we may run this again later in the year.

#### **YOGA WITH SIMONE:**

Every Thursday at 9.30am at the Shed, these sessions are appropriate for all levels. Book and pay on Hello Club for one or several classes, book early as places are limited. Members \$15, Non Members \$20.

Restorative Yoga Program will be put on hold for Winter, and will return in Spring, please check Hello Club for any updates.

#### **CREATIVE CONNECTIONS**

Beginners Sewing:

Improve your sewing skills, mend items or start new projects. Bring your own machine, or use our machine or overlocker, every 4th Thursday of the month 11am-1pm. The coordinators share their knowledge & skills and gently guide you through the sewing process.

Craft & Chat:

Come and join us the 2nd Thursday of each month from 11am-1pm and bring along your creative endeavors - art, craft, knitting, crochet, macrame projects or a special

project you would like to develop. Share and learn new skills with other like-minded Sheddies over a coffee/tea & chat.



The Coolum Womens Shed Inc. IA58358



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